

Spray For Life® Super B-Complex

Contains No Fruit Juice

Supplement Facts

Serving Size 6 sprays (780mcl)

Serving Per Container 30

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Vitamin B1 (as thiamine)	1.5mg 100%	Vitamin B-8 (as inositol NF12)	300mcg 100%
Vitamin B2 (as riboflavin)	1.7mg 100%	Vitamin B-9 (as folic acid)	400mcg 100%
Vitamin B3 (as niacinamide)	20mg 100%	Vitamin B-12 Pharmaceutical Grade (as cyanocobalamin)	1mg 16,667%
Vitamin B5 (as d-calcium pantothenate)	10mg 100%	Choline Blend	400mcg **
Vitamin B6 (as pyroxidine hcl)	5mg 100%		
Vitamin B7 (H) (as biotin)	300mcg 100%		

*** Percent Daily Value is based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. **Daily Value not established.**

Other Ingredients: purified water, vegetable glycerin (palm), citric acid (natural preservative), potassium sorbate, xylitol (natural sweetener made in U.S.A.), natural orange cream flavor.